#### 00:02

All right, another question is about Captain Nemo's teaching style. I would say it's a mix of traditional and Socratic method. Now let me elaborate what I mean by that. Sometimes you are facing a problem and you just want someone to just give you an answer, to give you a direction so that you can just go and start working on the solution.

### 00:29

The way Captain Nemo approaches any topic is he would give you just enough structure that you can think about the problem with more clear eyes, but he won't give you the exact answer.

### 00:49

In the beginning, it appears to be a very frustrating thing because you might want that answer, you might crave a solution and you want to be spoon fed sometimes because, hey, in terms of masculinity, having attended schools, colleges, jobs, the typical thing is you ask for help and someone just tells you what to do, right? And we get trained on that.

## 01:15

But on masculinity journey, you need to be able to solve your own problems. You need to be able to go inwards and figure out what is it that you really want to do in the situation. So that's the second part. He would give you the framework, but then he would tell you to go inwards, think for yourself and come up with an answer and live through the consequences of that answer so that you can learn, even if you got something wrong.

# 01:45

get it wrong, but become decisive. Learn to be decisive and learn how to understand and learn further from the consequences of your decision.

### 02:01

So it's an iterative process and that's how life evolves anyways. So I would say his style helps you become much, much more self-reliant versus always looking outwards, looking for someone else to give you the answer. So again, it's a good mix of giving you just enough structure, but then having to solve, then asking to solve your own problem.