

00:00

Hey, this is AKB here and I went through Captain Nemo's masculinity and BDSM course last summer. And I just wanted to answer a few questions about it and talk about my experience going through the course. So the first one is, what did you like about this course and your personal sessions with Captain Nemo? So a couple of things I liked about this course, the personal sessions with Captain Nemo were good, where he...

00:28

helped me plan a mini retreat, like a meditation retreat, so I can go in, deepen my self-awareness, learn a lot about myself, or even a psychedelic retreat I did. He guided me through what to expect, what intentions to go into it with, which was really helpful, because without the guidance, I would have gone into these retreats. And would have really had no direction to go, the psychedelics might have just been.

00:56

full recreation, nothing out of it, or the meditation retreat could have just been a waste of time, so that guidance from him was helpful. And we also ended up doing like a one-on-one personalized meditation to help me kind of unleash and bring forth my deeper masculinity and to unleash my deeper masculinity and to also integrate everything I'd learned into the course deeper into myself.

01:26

But another part I liked, the one-on-one sessions were great, but we also did the class as like a group lecture, a group discussion, would be a better way to put it, where not only did I get to talk about my own experience, but I also got to see a bunch of other guys' experiences. And being the youngest guy in the group, I got to see potential masculine archetypes of older guys, what I liked and would like to have in my own life.

01:55

what I didn't like and maybe should stay away from. It was just nice hearing a bunch of different perspectives. So from that sense, I think the way the class was run was great. So the next question we have here is, go back to your time before this course. How did this course shift, change or transform you? And what is the most valuable thing you got out of this course and personal sessions? So before going into the course,

02:25

I was like every other dude. You know, I kinda knew what masculinity was, kinda didn't. There's a lot of bullshit information online. There are many different groups that can sway your opinion. A lot of people claiming to know what proper masculinity is, what isn't. And as a guy, it's super easy to get confused, especially in the modern day where you don't have really good, clear-cut masculine principles, guidelines, or role models.

02:55

Going through the course, Captain Nemo does a really, really good job of setting the underlying tone and ideas behind what masculinity is and also working with you personally to make sure you understand what masculinity is for you because different guys can exhibit the same masculine traits in different ways.

03:18

So after the scores, not only do you get a better logical, knowledgeable understanding of what masculinity is, but you also get a more intuitive understanding. And going to the BDSM section of the scores, I felt very similarly where you hear a lot of misinformation and nobody really knows what BDSM is. Some people think it's some like crazy dark dungeon stuff or you know, you get all this random information about it.

03:47

And it could be scary, it could sound weird, and you don't know. But going through the course really helped me see what is BDSM at its core? What is masculine sexuality? What is feminine sexuality? How does dynamics play with each other? And how that comes across in a BDSM space? And how you can go take part in that culture if you want to. And if you do.

04:15

how to remain safe, how to practice everything with consent, all the guidelines around it, what are like the common ethics when diving into these places. We also had guest lecturers and everything to come talk to us about this space to really demystify everything around it. So whether you wanna go into it for masculinity or for BDSM, I think this is a great introduction course for everyone.

04:42

And it's really shifted me to becoming a more grounded man that's better able to weed through bullshit information on what guys online, these marketers claim that masculinity or femininity is. And also another thing I wanna add is going back to the feminine portion of this, I think as a man who's also dating, it's very good to understand the feminine experience and

05:10

how to look for femininity, because as a masculine guy, femininity is really attractive and you want that in your life. But also femininity isn't always just, you know, just everything sweet and nice. What are the bright sides of it? What are the dark sides of it? As a man, how do you deal with it? Great intro for all of that. Next is what would you say about Captain Nemo's knowledge and teaching style?

05:37

I say the thing I really liked about Captain Nemo's teaching style is one, it was very, very like Socratic and discussion based. Meaning it's not like school where there's one question, one right answer. It's more, as I mentioned earlier, how masculinities could be different for everyone. There's these base underlying principles, but it could be different for you versus the person sitting next to you in the call. Right. So any question?

06:07

I went in with, rather than just give me a clear cut answer, he would explain some information around it, but also he'd be really good at questioning back and forth and really engaging me into a discussion about masculinity. So not only do I have a better logical understanding of it, but I also gain a better intuition for it and a deeper understanding of it. And I think that was my favorite part about the teaching style.

06:36

And also throughout the class when he's talking about the presentations, all the coursework he has set up, you could tell that he's talking from experience. He even shares his own experiences. And you can tell this is not just some other bullshit online information source. It's actually coming from a place of experience, understanding, making mistakes, learning from it. And that was super helpful for me. And finally, what would you tell a friend?

07:04

or a man if he wanted to take the scores. I'd say to any friend or a man, if you already started on your journey of self-improvement, but you were kind of lost within masculinity, and you don't know what is masculinity, what, how are you as a man, how are you supposed to be, the scores gives a great introduction and allows you to create a map for yourself.

07:34

of where you wanna lead, where you wanna start changing yourself. A course like this, you're not gonna change overnight. You need to learn, you need to practice, and you need to take everything Captain Nemo says into account, meditate on it. And the more you do so, the more, kind of if you're a video game person, the fog of war kind of clears, and you can see more of the map and more the direction you wanna go. And having a compass like that is nice.

08:01

instead of just being lost like a chicken with the head cut off. And also on the BDSM side, if you wanted to get into this, if you want to learn about this lifestyle, this is a great introduction. I don't think I've really seen a better introduction online. So I would highly recommend this to a friend in those spaces. And yeah, overall, I'm very glad.

08:28

took the course. I learned a lot and am a lot more grounded and free as a man because of it. So thanks Captain Nemo and I hope you're excited to take the course whoever it is next.